



Celtic Waves Swimming Club – Gala Behaviour Guidelines

This document applies to all swimmers during competitions and galas

At all galas, swimmers are expected to:

- Arrive on time and report directly to the designated team area
- Not gather or remain in changing rooms or off-limits areas without supervision
- Follow all instructions from coaches, team managers and appointed volunteers immediately
- Support teammates by staying poolside when required and cheering positively
- Behave respectfully towards officials, volunteers, competitors and venue staff

Changing Rooms

- Changing rooms are for changing only
- Loitering, socialising or extended stays are not permitted
- Mobile Phone and camera use within the changing rooms is strictly prohibited
- Swimmers must return promptly to the team area after changing

Team Representation

When wearing Club colours, swimmers represent the Club and must:

- Display respectful behaviour at all times
- Use appropriate language
- Show good sportsmanship regardless of results

Failure to follow these rules may result in removal from the poolside area or further disciplinary action.