



Swim Ireland & Celtic Waves Swimming Club – Code of Conduct for Young People

As a swimmer you have rights and responsibilities. This Code applies to all swimmers, regardless of age, ability or squad.

Your Rights

You have the right to:

- Enjoy your sport in a safe, positive and supportive environment
- Be treated fairly, respectfully and with dignity by swimmers and adults
- Feel safe and secure at training, competitions and club activities
- Be listened to and have your views considered
- Train and compete at a level appropriate to your age, development and ability
- Have your personal information treated confidentially
- Say no to anything that makes you feel uncomfortable

Your Responsibilities

As a swimmer you must:

- Treat coaches, volunteers, officials and teammates with respect at all times
- Respect and support other swimmers, regardless of age or ability
- Be part of the team and behave in a way that reflects positively on the Club
- Never bully, intimidate, exclude or belittle another swimmer
- Understand that bullying includes misuse of age, status or ability
- Follow all rules and instructions set by the Club, Swim Ireland and event organisers
- Listen to and respect decisions made by coaches and officials
- Behave appropriately during training, competitions and travel
- Use appropriate language and conduct at all times
- Report concerns or issues to a coach, team manager, Club Children's Officer or parent

Additional Responsibilities of Senior & Experienced Swimmers

Senior and experienced swimmers are expected to:

- Act as positive role models at all times
- Encourage and include younger or less experienced swimmers
- Demonstrate leadership through attitude, effort and respect
- Never undermine teammates, coaches or training sessions through negative behaviour

Competition & Gala Behaviour

During competitions and galas, swimmers must:

- Remain in designated team areas unless permission is given by a coach or team manager
- Not gather or remain in changing rooms or off-limits areas without supervision
- Follow all instructions from coaches, team managers and appointed volunteers
- Support teammates by remaining poolside when required and cheering positively

Failure to follow gala instructions or remain in designated areas is a safeguarding concern and will be treated as a serious breach of this Code.



Breaches of the Code of Conduct

Breaches of these Codes will be reviewed by the Club Committee.

Actions may include:

- Verbal warning
- Written warning
- Temporary suspension from training or competitions
- Further sanctions, including termination of membership, where necessary

Repeated or serious breaches will be treated as a disciplinary matter.

Signed: _____

Date: _____