



Covid-19 Celtic Waves & Shannon Leisure Centre

Updated:04/09/2020

COVID-19 Celtic Waves & Shannon Leisure Centre (pg 1 of 2)

Dated August 2020

Though we are minimizing the spread of COVID-19 with these actions, we cannot eliminate the risk therefore entry to the facility and within the club is at your own risk

There will be a risk involved and there is an onus on all swimmers and parents to be extremely responsible in their actions.

Important Info re COVID-19

1. Do not enter the facility if you have a cough, cold, shortness of breath or a fever
2. Do not enter the facility if you have been in contact with anyone who is suspected of having COVID-19
3. Do not enter the facility if you have gone to a country that is not on the green list
4. As COVID-19 changes rapidly, everyone must take responsibility to remain updated with the news and any changes to the recommended rules
5. The pool management's instructions must be adhered to at all times.
6. **If there is a suspected COVID-19 case, your contact details will be shared with HSE**

Entry and Exit for swimmers

1. Swimmers must come with their swimming togs under their clothes
2. Sanitize hands on entry, follow the COVID-19 protocols
3. Entry through the Spectator Area (rear car park door), Exit through Spectator area (rear car park door)
4. Swimmers will undress on the pool deck at their designated position, 2m apart
5. Swimmers will enter the pool water at designated points see diagram
6. The dressing rooms are not available on entry
7. The dressing rooms are not available on exit. Dress and leave quickly
8. Showers are not available
9. Hairdryers are not available
10. Swimmers may rinse off at the pool deck shower, no soap or shampoo
11. Swimmers cannot group together in reception, gym, dressing rooms or pool, they must maintain the 2m distance at all times
12. All Swimmers, Coaches and Parents on duty/COVID Officers must fill out a Health Self-declaration form online before each session. If under 18 a parent/carer must fill the form. **If this is not done you will not be allowed to swim**



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13. Swimmers cannot share equipment
14. Swimmers may not overtake others in the water

Parents and coaches

1. Only the parent on duty and the coach/coaches are allowed on deck, with a mask (once swimmers are in the water the mask may be removed)
2. Parents must be within a 5 minute vicinity, if their swimmers is sick they will be rang and must remove their child immediately
3. If the pool need to close, due to suspected COVID-19, everyone must adhere to their rules.

Car pooling

1. Car pooling is allowed but Swim Ireland have advised that masks should be worn and that how many are in the car and the distance travelled should be taken into account

Parent on Duty

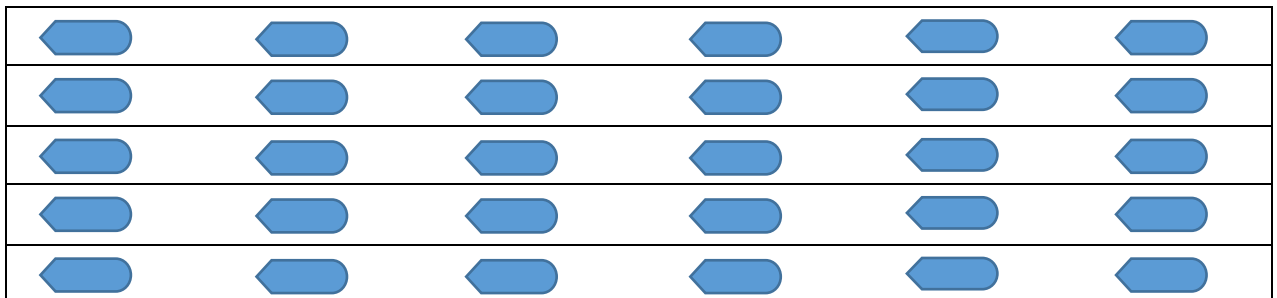
2. As before all rules re Parent on duty apply, however the parent on duty must check that all forms are signed on line along with the coach, if not signed then the swimmers must ring their parent to fill out the form or to collect them and leave.

Coaches Responsibility

3. It is the coaches' responsibly to ensure that swimmers are in the correct lanes according to ability, so no overtaking occurs and that 2m distance is adhered to.
4. 6 swimmers per lane max in Shannon Pool

Shallow End

Entry of lane 1, 2 and 3 from shallow end



Deep End Entry for lane 4
and 5 from this side